



**American
Red Cross**

The need is constant.
The gratification is instant.
Give blood.™

Please schedule your
blood donation appointment.

Hello all.

Bonneville Power Regional Headquarters is sponsoring a blood drive on Wednesday July 20th 2011.

We are looking for 78 BPA donors to help us reach our goal! There will be two procedures available for our blood drive (A regular Whole Blood donation and a Double Red Cell donation).

Basic Eligibility for Double Red Cell:

Males 5.1

130 pounds

Females 5.5

150 pounds

Blood types needed for a Double Red Cell include O+, O-, A- and B-.

Two donors are needed at the top of each hour for our Double Red Cell procedure.

For a regular whole blood donation the donor must be in good health, weight 110 pounds and have valid ID.

Please click on the link below and make an appointment to Save a Life! If you would prefer to speak with a Red Cross Representative please call 503-528-5603. There is always a need for blood and only volunteer donors can fulfill that need for patients in our community. Nationwide, someone needs a unit of blood every 2 to 3 seconds and most of us will need blood in our lifetime.

Thank you!

[make an appointment](#)



If you have been told previously by the American Red Cross or another blood center that you should never donate blood, please disregard this message. If you recently made a blood donation, or if you have already scheduled an appointment to donate blood, please accept our thanks on behalf of the patients whose lives you may have touched. You may not give blood if you have received a Red Cross notification asking you not to do so.

American Red Cross National Headquarters 2025 E Street NW - Washington, DC 20006

Individuals who are 17 years of age (16 with parental permission in some states), meet weight and height requirements (110 pounds or more, depending on their height) and are in generally good health may be eligible to donate blood. Please bring your Red Cross blood donor card or other form of positive ID when you come to donate.

Pacific Northwest
American Red Cross
2025 E. Street N.W.
Washington, DC 20006

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