

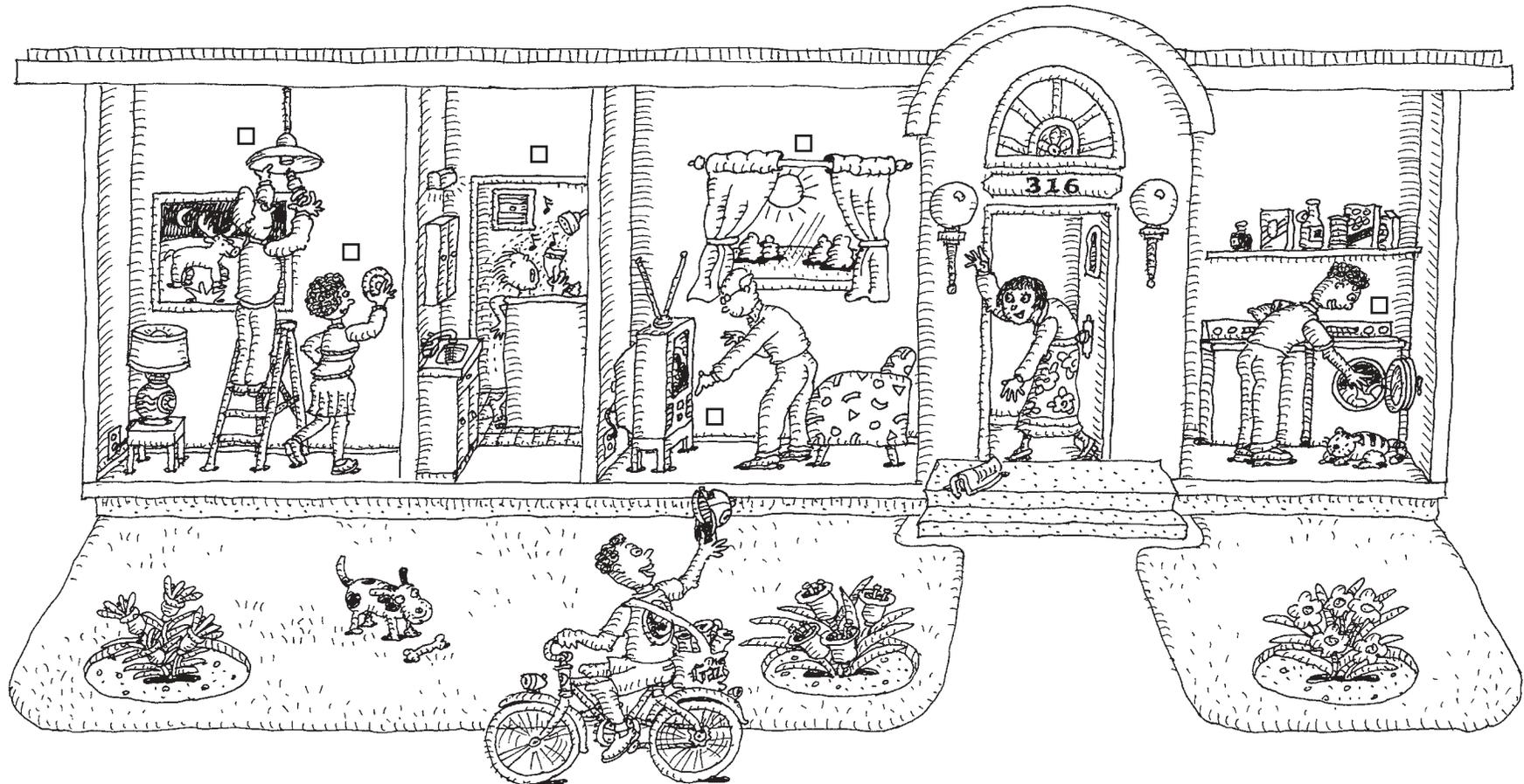
# How is This Home Using Energy? How Can You Save Energy in Your Own Home?

Color this page and read about the easy ways you can save energy around your home. When you're done, share these tips with your family.

Use energy-saving compact fluorescent lights instead of incandescent bulbs inside and outside the house.

Turn off TVs, computers and other appliances when they're not being used.

Open or close your curtains to help regulate the room temperature.



Lower the thermostat two additional degrees in winter and raise it two additional degrees in summer. Always lower it at night or when you're away.

Take quick showers.

Try to run the dishwasher, washing machine, and clothes dryer only when they're full.