Tips for saving energy at home

Spending more time at home — whether you’re teleworking, homeschooling, or both — can create concerns about finding the balance between keeping energy costs down and using the amount of energy needed to maintain your home.

Here are a few easy ways you can help reduce energy use, energy costs, and load demand while spending more time at home.

- Check and replace furnace filters regularly.
- Wash full loads in cold water.
- Set water heater to 120 degrees.
- Delay the dishwasher to run at midnight outside of peak hours.
- Install high-efficiency showerheads.
- Seal around leaky doors, windows and ducts.
- Install a smart thermostat. Set your thermostat to 68 degrees in winter.
- Schedule time into your routine to break away from electronic devices.
- Improve efficiency with insulation.
- Let the sunlight in to warm your home without using electricity.
- Plug your TV, cable box, computers and video games into a smart power strip.
- Delay the dishwasher to run at midnight outside of peak hours.
- Set water heater to 120 degrees.
- Replace incandescent and CFL lighting with LEDs.
- Check and replace furnace filters regularly.
- Wash full loads in cold water.