# 7. Heat Pump Savings

Keeping the electric strip heat off is the key to maximizing energy savings from heat pumps.

Savings depend on:

- · Correct sizing
- · Controls that minimize use of strip heat
- · A high-efficiency heat pump



# 8. Strip Heat

To minimize the use of strip heat:

- Size the compressor large enough to provide all the heat needed as long as the outdoor temperature is above 30°F.
- Set strip heat lockout at or below 35°F to prevent unnecessary strip heat use.
- Encourage homeowners to avoid setback temperatures more than 2°F.



## 9. Cooling Load

Do not forget cooling load calculations. Total Cooling Load = Sensible and Latent

- Sensible: Involves lowering the temperature.
- Latent: Involves removing water vapor from the air (dehumidification).
- Cooling will reduce both temperature and moisture.
- The selected unit must take care of both sensible and latent loads to maintain comfort.
- In the Northwest, assume low latent cooling loads and select a low indoor wet bulb design temperature in most cases.

# 10. Consider the Details

- · Insulation levels (none, some, fair amount, a lot).
- · House tightness: Usually between .35 and .8 ACH.
- Windows:
  - » U-value is critical! 0.3–0.4 for vinyl.
  - » If Solar Heat Gain Coefficient (SHGC) is unknown, use same value as U-value.
- » Consider orientation/direction.
- Duct multiplier: Between 0% and 20%. If it's worse than that, fix it.
- · House size.
- · Capacity of heat pump at desired balance point.
- · Pick the right weather station.

# **View Our Training Videos At:**

PTCS Online School: clearesult.moodle.school

PTCS Registry: ptcs.bpa.gov

YouTube:

youtube.com/user/BPATraining/videos

# PTCS Heat Pump Sizing Reference Guide

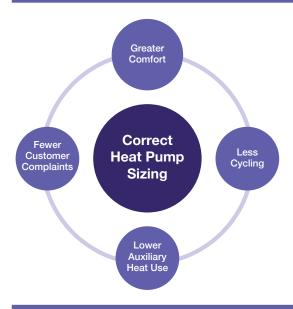




Contact PTCS at ResHVAC@bpa.gov or 1.800.941.3867

This brochure is intended to be a quick reference guide to sizing heat pumps in compliance with the PTCS program. The goal is greater comfort, less cycling, fewer customer complaints, and lower auxiliary heat use.

# 1. Importance of Heat Pump Sizing



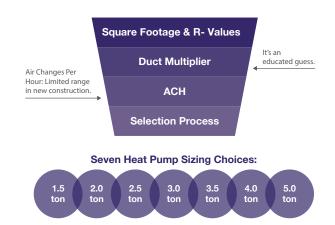
# 2. Heat Loss/Heat Gain Analysis

- · Manual J calculates heat loss/heat gain.
- · Manual S guides in the selection process.
- · Manual D quides duct design.



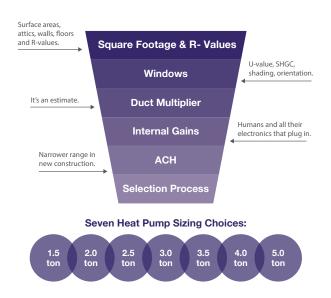
# 3. Manual J Heating Load Inputs

Below are the critical inputs to consider when determining heating loads and the seven heat pump sizes to choose from.



# 4. Manual J Cooling Load Inputs

Below are the critical inputs to consider when determining cooling loads and the seven heat pump sizes to choose from.



# 5. Duct Multipliers (Typically 5–20%)

Duct multipliers are often an educated guess. Use the ranges below for estimating duct multipliers.

- 0%: Ducts inside conditioned space.
- 10%: Tight and insulated.
- 20%: Leaky or disconnected ducts outside conditioned space.
- 30%: Leaky old ducts under rodent barrier in manufactured home.
- 20% or More: Ducts should be fixed.

### 6. Balance Point

Balance Point: Lowest outdoor temperature for which the output of the heat pump can heat the house by using the compressor only.

- Below this temperature, the strip heat is needed to help heat the house.
- If it's a gas backup heat pump, use economic considerations to determine balance point (usually around 40°F).

